



## SNOWFLAKE BEAR, P.P.

Plunge Headquarters  
900 2nd Ave S, Suite 300  
Minneapolis, MN 55402  
Phone: 763.270.7119  
**PLUNGEMN.ORG**

**DIAGNOSIS:** Philanthropic do-goodery condition

### PRESCRIPTION:

Please excuse this brave Polar Plunger from:

Work

School

Other Activity

in order to warm up their heart and be freezin' for a reason on  
Friday, March 3, 2017 at 12:00 p.m. and take on the Cool School  
Plunge to support Special Olympics Minnesota athletes at Lake Calhoun  
in Minneapolis.

**REFILLS:** 0 1 2 3 4 5 PRN



SIGNATURE

**POLAR  
PLUNGE**  
PRESENTED BY LAW ENFORCEMENT FOR  
SPECIAL OLYMPICS MINNESOTA

Snowflake Bear is a doctor of Polar Plunging (P.P.) and is not a real doctor.  
In case of an emergency, you should still call 9-1-1. Duh.