



# HOW TO RAISE \$150 IN 7 DAYS

DAY	THE ASK	TOTAL PER DAY	GRAND TOTAL
1	Kick start your fundraising by adding a personal contribution of \$10.	\$10	\$10
2	Send an email to three friends asking for a \$10 donation. Don't forget to also ask them to take the Plunge with you!	\$30	\$40
3	Send an email to three of your favorite relatives asking for a \$10 donation.	\$30	\$70
4	Ask one parent and one sibling for \$10 each. Your birthday or a holiday is bound to be right around the corner!	\$20	\$90
5	Ask two neighbors for \$10.	\$20	\$110
6	Ask five people at your favorite restaurant, coffee shop, tavern or local community hang out spot for \$5.	\$25	\$135
7	Ask your best friend or significant other for a \$15 donation. And (of course) ask them to join your Plunge team, too!	\$15	\$150