



# MINNEAPOLIS POLAR PLUNGE

Shuttle Map - Lake Nokomis



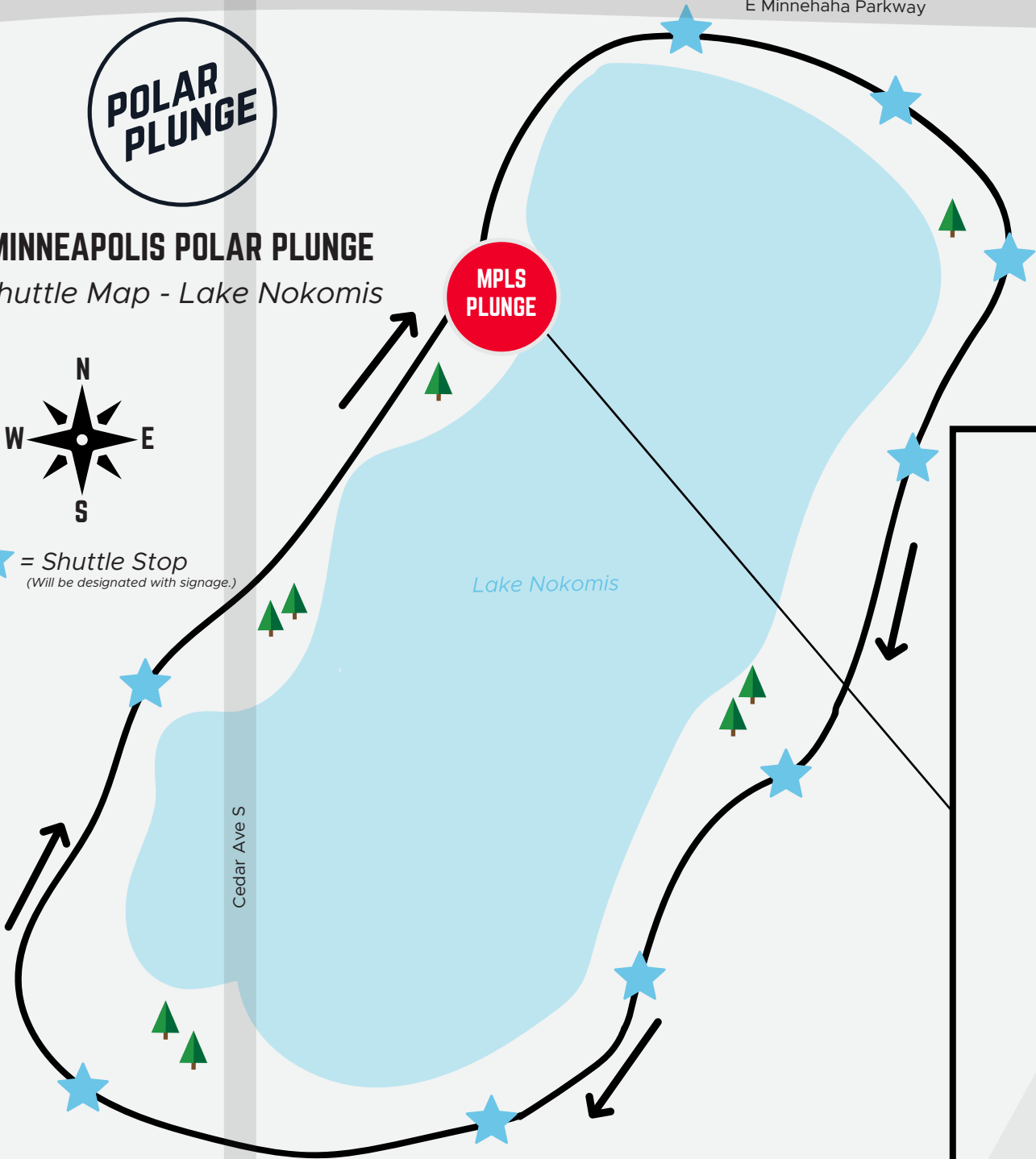
★ = Shuttle Stop  
(Will be designated with signage.)

E Minnehaha Parkway

MPLS PLUNGE

Lake Nokomis

Cedar Ave S



**FRIDAY, MARCH 1, 2024**  
 3 - 8 PM

**SATURDAY, MARCH 2, 2024**  
 7 - 7:45 AM (Frozen 5K)  
 9 AM - 4 PM

*Shuttles will run approximately every 15 minutes.*

