

2025

MINNESOTA'S FAVORITE PASTIME

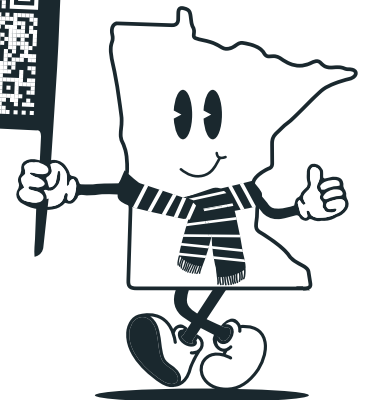
# POLAR PLUNGE

📍 22 LOCATIONS STATEWIDE



It's all for Special Olympics Minnesota. And the bragging rights.  
But mostly Special Olympics Minnesota.

Register now to take the Polar Plunge!



Special  
Olympics  
Minnesota



PLUNGEMN.ORG

PRESENTED BY THE LAW ENFORCEMENT TORCH RUN FOR SPECIAL OLYMPICS MINNESOTA