

Lake Nokomis

POLAR PLUNGE

MINNEAPOLIS POLAR PLUNGE

Friday, March 6 -
Saturday, March 7

TENT
2

POLAR
PLUNGE



FRIDAY
EXECUTIVE CHALLENGE
SATURDAY
SURLY BEER HALL



CHANGING TENTS
CHANGING TENTS

ENTRANCE

PLUNGE
SHOP

TENT
3

VOLUNTEER
CHECK-IN

STAGE

S'MORES
STATION

Surfside
OUTDOOR BAR



FOOD TRUCKS

Caribou
COFFEE
COFFEE TRUCK

CHECK-IN
HERE

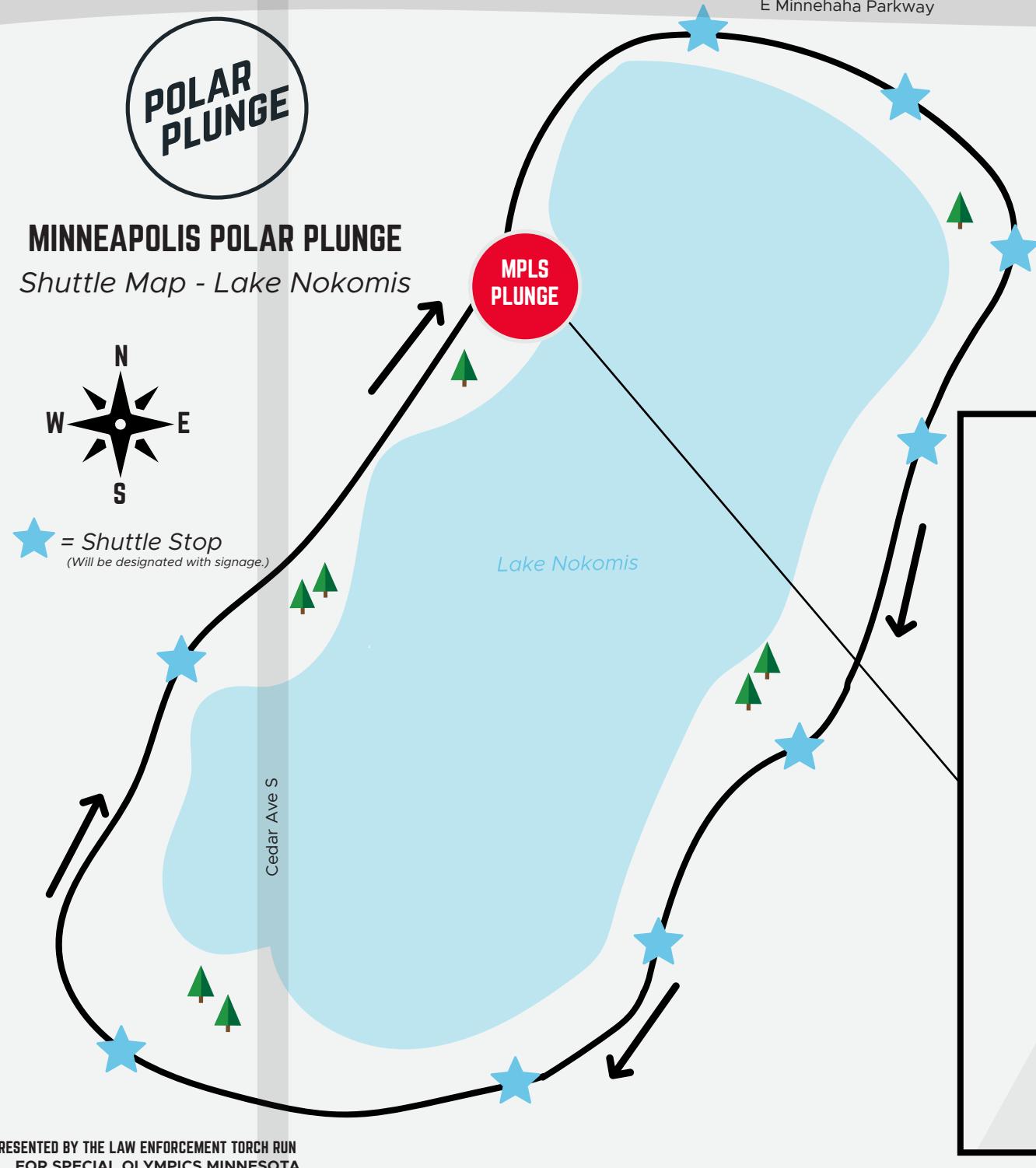
SHUTTLE PICK UP

SHUTTLE DROP-OFF

LAKE NOKOMIS PARK

PRESNTED BY THE LAW ENFORCEMENT TORCH RUN
FOR SPECIAL OLYMPICS MINNESOTA

W Lake Nokomis Parkway





MINNEAPOLIS POLAR PLUNGE

Shuttle Map - Mall of America



FRIDAY, MARCH 6, 2026

1 PM - 8 PM

SATURDAY, MARCH 7, 2026

7 AM (One trip for Frozen 5K)

9 AM - 4 PM

Shuttles will run approximately every 15 minutes.

